|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Categorie** | **Afstand** | **Seizoen** | **Naam** | **Tijd** |
| Meisjes pupillen | 100 | 22/23 | Jade Kamps | 00:12,18 |
|   | 300 | 22/23 | Jade Kamps | 00:29,97 |
|   | 500 | 98/99 | Hanneke Weel | 00:47,35 |
|   | 1000 | 98/99 | Hanneke Weel | 01:38,89 |
|   | 1500 | 15/16 | Anouk Ruiter | 02:38,27 |
|   |  3000 |  15/16 | Anouk Ruiter  | 05:27,30 |
|   |   |   |   |   |
| Dames junioren C | 500 | 00/01 | Hanneke Weel | 00:43,95 |
|   | 1000 | 00/01 | Hanneke Weel | 01:28,61 |
|   | 1500 | 00/01 | Hanneke Weel | 02:17,68 |
|   | 3000 | 16/17 | Anouk Ruiter | 04:56,81 |
|   |   |   |   |   |
| Dames junioren B | 500 | 02/03 | Hanneke Weel | 00:42,96 |
|   | 1000 | 02/03 | Hanneke Weel | 01:26,22 |
|   | 1500 | 15/16 | Kirsten Lassing | 02:14,94 |
|   | 3000 | 02/03 | Hanneke Weel | 04:47,56 |
|   | 5000 | 02/03 | Hanneke Weel | 08:19,40 |
|   |   |   |   |   |
| Dames junioren A | 500 | 04/05 | Hanneke Weel | 00:44,42 |
|   | 1000 | 00/01 | Daniëlle Bakker | 01:28,24 |
|   | 1500 | 00/01 | Daniëlle Bakker | 02:17,74 |
|   | 3000 | 04/05 | Hanneke Weel | 04:51,31 |
|   | 5000 | 97/98 | Ilse Dijkstra | 08:25,54 |
|   |   |   |   |   |
| Dames Neo-Senioren | 500 | 12/13 | Michelle Smit | 00:44,12 |
|   | 1000 | 24/25 | Britt van Wees | 01:28,01 |
|   | 1500 | 99/00 | Ilse Dijkstra | 02:16,58 |
|   | 3000 | 22/23 | Britt van Wees | 04:29,37 |
|   | 5000 | 24/25 | Britt van Wees | 07:58,50 |
|   | 10000 | 21/22 | Britt van Wees | 17:17,62 |
|  |  |  |  |  |
| Dames Senioren | 500 | 15/16 | Michelle Smit | 00:44,91 |
|   | 1000 | 15/16 | Michelle Smit | 01:32,77 |
|   | 1500 | 15/16 | Michelle Smit | 02:20,14 |
|   | 3000 | 15/16 | Michelle Smit | 05:09,66 |
|   |   |   |   |   |
| Dames Masters | 100 | 09/10 | Anita Smit | 00:12,64 |
|   | 300 | 16/17 | Anita Smit | 00:30,60 |
|   | 500 | 18/19 | Anita Smit | 00:46,99 |
|   | 1000 | 15/16 | Anita Smit | 01:34,48 |
|   | 1500 | 09/10 | Anita Smit | 02:24,50 |
|   | 3000 | 15/16 | Anita Smit | 05:08,76 |